

# TELLURIDE DAILY PLANET



Great Funktier. From left, Sam Burgess, Wes Hight, Tom Nading and Wyatt Listrom. [Courtesy photo]

## MUSIC

# Two local bands kick off summer season at the Moon

### The Great Funktier, Half-Ton Marmot play free shows Friday and Saturday

By HEATHER SACKETT  
Editor

This weekend the Fly Me to the Moon Saloon is kicking off its summer season by showcasing two local favorites: The Great Funktier and Half-Ton Marmot.

This month also, marks one year since owner Derrick Webb took over operation of the Colorado Avenue underground music venue. Over the years, the Moon has hosted some of the biggest names in the jam band scene — Phish, The String Cheese Incident, Jerry Garcia Band and Dead & Company — and Webb continuing that legacy with live music several nights a week. This past winter he brought in town New Orleans Suspects, Westwater Outlaws, Wood and Fire, The Nappy Roots, Turkuaz and Toubab Krewe, among many others. The venue also hosts

the popular Telluride Bluegrass Festival's intimate Nightgrass shows.

Webb's formula for success is to have several shows a week with reasonable cover charges. Covers go toward paying for the band and their lodging, Webb said, and not into his pocket.

"I'm only trying to make money off the bar," he said. "A lot of other places are trying to make money off the door."

Webb said it's been pretty easy to book bands at the well-known venue, which boasts two bars, a stage and lounge area.

"It's pretty surprising how many bands really want to come to Telluride," he said. "They go way further out of their way than for any of their other shows."

Friday night features Telluride band The Great Funktier. The band is known for their danceable covers of Top 40 tunes, but they also draw on a sizeable

catalogue of original material. The funk-rock-jam band formed in late 2011 at a Thanksgiving party, said guitarist Tom Nading. By mid-December, the foursome of Nading, Wes Hight (guitar, vocals), Wyatt Listrom (drums) and Ethan Hale (bass) were playing their first show at the Last Dollar Saloon.

"Within a month we went from not being a band to playing a gig in town," Nading said. "They took a chance on us when we probably didn't sound very good."

In 2012, Sam Burgess replaced Hale on bass and the

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### Local music

The Great Funktier plays Friday and Half-Ton Marmot plays Saturday at the Fly Me to the Moon Saloon, 136 E. Colorado Ave. Both shows start at 10 p.m. and both are free. For more information go to flymetothemoon-saloon.com.

## FILM

# OUTSIDE TO WATCH 'ALIVE INSIDE'

### Music can bring vitality to Alzheimer's patients

By ANNE EGGBROTEN  
Planet Contributor

Only in Telluride would some 200 people sit outside at night in 46-degree weather to watch a documentary on Alzheimer's.

I've seen memorable performances in Town Park — Peter, Paul & Mary, Bob Dylan, Shakespeare in the Park — but Monday evening's screening of "Alive Inside: A Story of Music and Memory" takes the cake.

This 2014 film won audience choice for Best Documentary at this year's Sundance Festival because it focuses on how music and a personalized iPod can bring joy and vitality to persons who seem locked away from their own past by loss of memory. (Mountainfilm 2014 gave its audience choice award to "DamNation.")

Director Michael Rossato-Bennett profiles seven patients in the film, as well as provides statistics and explains medically how emotion and motion outlast all other functions of the brain and thus can be accessed through music.

I was deeply moved to witness "Alive Inside" in Telluride, not far from Lone Tree Cemetery; surrounded by the ghosts of old-timers, some of whom suffered from dementia in their last years. My grandfather, his sister Mary, and several others in the family lived most of their lives in Telluride but finally succumbed to various forms of dementia.

My mother, Evelyn Gustafson Eggebrotten, was born in Telluride in March of 1919. Because of the flu epidemic, her mother was not allowed to go to the town

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ness at Fancher Excavating Co.

A 38-year-old Montrose man was found guilty of illegal possession of a cow elk during the hunting season.

A subject, who allegedly called himself Evans, was stopped in Norwood for DWI and threatened with a gun. The subject escaped, and upon further investigation, it was discovered that "Evans" was only one of 14 aliases, and he was wanted in Utah for murder and several other states for felony violations.

Four men and one woman were apprehended west of Norwood. They had two pistols, two rifles, two shotguns and a small quantity of hashish and marijuana in their possession.

The Bushwacker Inn applied for a liquor license and the prospect of a Telluride night club brightened.

Rick Reynolds was appointed dog warden and Mayor Rosenfeld emphasized the need for stringent dog control. Chris Goldsworthy represented San Miguel

ident from Boulder came searching for remnants and rumor of Vladimir Nabakov's sojourns in Telluride during the early '50s. The town fits the fictional description of the town where an attractive young girl was taken by her lover. [Note: Nabakov also wrote Lolita].

The Telluride school board hired three faculty members: Barbara Waitz, Kenneth Schulin, and Leon Davenport.

Joy Hughes won first place at the Hoedowners Parade in Montrose with a costume taken from "True Grit."

The snowbirds returned from parts warmer, and the wood-ticks returned to enjoy the warm air too. Reggie Garner filed suit against the county in an attempt to get a stop-work order lifted on an addition to his service station-grocery store.

Charles Hughes was denied a permit to conduct a long distance horse race through the Wilson Mountain Primitive Area, danger to horse, man and highlands were cited for the rejec-

and ghosts in. Burt Richmond was permitted to develop on the Brown Homestead. The Duncans transferred the Telluride Liquor license to Thomas Bell. A visitor from Budapest, Hungary, stepped through the historic Museum doors on opening day.

[Phew! I thought May was supposed to be a slow month in Telluride.]

From *The Telluride Times*, May 10, 1974

## Along the San Miguel

Charlie Hughes, developer of Wilson Mesa Ranches, filed a petition with the county commissioners to form a metropolitan district on the mesa to furnish water to residents of the area. Michael Brown of Olympic Sports began organizing the 1974 softball season.

# Alive

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hospital to give birth. As she grew up, she became interested in nursing and eventually taught public health nursing at the University of Maryland.

Evelyn died in 2008 after a 10-year ordeal with Alzheimer's disease. In the faces and voices of those interviewed in the film, and in looking up at the stars overhead, I felt her presence.

In her last years on the Memory Care floor of an assisted living residence, I played music of the 1940s and earlier for her — everything from big band favorites, ballads and hymns to Lawrence Welk shows.

In doing so, I was only following her training. She had given her public health students experience not only with door-to-door visits but also trips to laundromats and nursing homes.

In 1975 she placed her students in Keswick Nursing Home in Baltimore, Md., and challenged them to experiment with music as a way of reaching withdrawn patients. They titled their

project "Hello in There."

In her memoir, my mother describes the effect of music on a German woman who was very quiet and seemed depressed: "I told the students to play tape-recordings of songs this patient had enjoyed in earlier days. Our son, Bill, had studied German and had a phonograph record of German folk songs. On a hunch, I made a cassette tape recording of it and let her hear it. Our depressed patient was thrilled, as shown by her sudden talking and humming with the music of her native songs..."

All of us sitting in the cold darkness in Town Park witnessed multiple awakenings of this sort through "Alive Inside." We came away hopeful about ways to find quality of life for the five million persons in the U.S. who suffer from Alzheimer's disease.

In fact, as in many of the Mountainfilm presentations, we were given tools to make a difference ourselves, starting with a visit to the Music and Memory website: [www.musicandmemory.org](http://www.musicandmemory.org).

Another approach is to support the research of the Institute for Music and Neurologic Function, [imnf@centerlight.org](mailto:imnf@centerlight.org).

"Awake Inside" reports on the

overuse of medications to sedate dementia patients into compliant behavior instead of seeing their anger or depression as a natural result of how they are being treated. I witnessed this problem with my mother when she was hospitalized after disruptive behavior; for days she was so heavily sedated she could not hold her head up.

Dan Cohen, the social worker at the heart of the film, believes that a small investment in iPods and music can heal people in ways that medications can't.

One of the patients in the film makes a profound statement about the need for music and joy while living in a nursing home: "Even if you're dying, you still have to live."

"Alive Inside" (73 min.) is available through various online resources such as [www.IMDb.com](http://www.IMDb.com). This clip from the film went viral on YouTube.

Evelyn's memoir, "Adventures of a Telluride Native," is available at the Telluride Historical Museum and Between the Covers bookstore.

For additional information and statistics, see the website of the Alzheimer's Association: [www.alz.org](http://www.alz.org)

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